

MEETING of the SPANISH PEDIATRIC WORKING GROUP IN SLEEP MEDICINE

SPANISH SLEEP SOCIETY

(previously IBERIAN ASSOCIATION OF SLEEP DISORDERS)

Almedinilla (Córdoba, SPAIN). Saturday March 1, 2008

We have planned this event in a wonderful environment, enjoying a convivial meeting, to discuss about sleep problems in children in several symposia, with active participation of all participants and the audience. After scientific meeting, we will try to know better Almedinilla region (Roman town in 'El Ruedo' & Archaeological Historical Museum) and, at the end of the day, we will enjoy a splendid roman meal. More information about social program in <http://www.almedinillaturismo.es/>

Organising Committee

- ▶▶ Dr. Mila Merino Andreu (Madrid). Coordinator of the Spanish Pediatric Working Group in Sleep Medicine.
- ▶▶ Dr. Jesus Paniagua Soto (Granada).

SCIENTIFIC PROGRAM (Saturday March 1, 2008)

- 10h Introduction
- 10.15h What do parents and teachers know about sleep disorders in children? Information promoting papers about sleep apnea syndrome, insomnia, narcolepsy-hypersomnia and parasomnia in pediatric population
- 11h Diagnostic assessment of sleep disorders: standard questionnaires in children and adolescents (Chervin, Owens)
- 12h New therapeutic insights of sleep disorders in pediatric population: must we prescribe "off-label" treatments? Sodium oxybate experience, antidepressant, dopaminergic agonists, others.
- 13h Epidemiologic studies: Sleep disorders in healthy and ADHD (Attention Deficit and Hyperactivity Disorder) children.
- 13.30h Conclusions