

FACULTY MEMBERS

Alves R. (Brazil)	Guilleminault C. (USA)	Ng D. (Hong Kong)
Bruni O. (Italy)	Horne R. (Australia)	Nunes M. (Brazil)
Chervin R. (USA)	Huang YS. (Taiwan)	Owens JA. (USA)
Franco P. (France)	Kohyama J. (Japan)	Peirano P. (Chile)
Kheirandish Gozal L. (USA)	Mindell JA. (USA)	Sadeh A. (Israel)

For additional information: www.pedsleep.org

REGISTRATION FEE

Congress Fee	Early bird before Oct. 1 st	until Nov. 30 th	On-site
Regular	200 €	250 €	400 €
IPSA members	150 €	200 €	300 €
Student/Resident/Fellow/Nurse/Technologist	100 €	150 €	200 €

Day Registration (December 4th or 5th)

	50 €	100 €	150 €
Gala dinner	65 €	65 €	65 €

Pre-Congress Course Fee	Early bird before Oct. 1 st	until Nov. 30 th	On-site
Regular	150 €	200 €	250 €
IPSA members	100 €	150 €	200 €
Student/Resident/Fellow/Nurse/Technologist	75 €	100 €	150 €

IMPORTANT DATES AND DEADLINES FOR IPSA 2010:

April 30, 2010	Web site available for abstract and symposium submissions
June 30, 2010	Deadline for symposium submissions
July 31, 2010	Acceptance notifications for symposium
September 15, 2010	Deadline for abstract submissions
October 1, 2010	Acceptance notifications for abstracts

LOCAL SCIENTIFIC COMMITTEE

Oliviero Bruni, Raffaele Ferri, Luana Novelli, Silvia Miano, Elisabetta Verrillo

ORGANIZING SECRETARIAT



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CONGRESS OF THE
 INTERNATIONAL PEDIATRIC SLEEP ASSOCIATION
 JOINT MEETING WITH
 PEDIATRIC SLEEP MEDICINE CONFERENCE
 ROME 3RD-5TH DECEMBER 2010



Congress Venue:
 Sala Capranica - Piazza Montecitorio
 Rome (Italy)

SLEEP HEALTH OF OUR CHILDREN: THE SECRET FOR A DREAM LIFE

The recent research on the importance of sleep for well-being, learning and mental development proves that good sleep in infancy and childhood is a matter of preventive health measures aiming at ensuring a healthy life into adulthood.

The congress will involve opinion leaders in the field of Pediatric Sleep Medicine and will highlight the recent significant advances in both basic science and clinical sleep medicine during development.

The topics selected will aim at offering evidence - based and state-of-the-art information on research and clinical issues of pediatric sleep disorders.

Assembling the two conferences of the IPSA and the Pediatric Sleep Congress will mark the integration of different experienced researchers all over the world and will provide a special opportunity to share knowledge in sleep medicine and research during development.

PEDIATRIC SLEEP COURSE

December 3rd 8:00 am - 4:00 pm

8:00 - 8:30	Introduction (D. Gozal)
8:30 - 9:00	Normative data of sleep during development (Sadeh)
9:00 - 9:30	Application of AASM sleep scoring criteria in children (Bruni)
9:30 - 10:00	How to study sleep in children: new approaches and instruments (Chervin)
10:00 - 10:30	Arousals and SIDS (Franco)
10:30 - 10:45	Coffee break
10:45 - 11:15	Sleep respiratory disturbances in children from snoring to OSAS (Guilleminault)
11:15 - 11:45	Controversies and consensus in treatment of Pediatric Sleep Disordered Breathing (L. Gozal)
11:45 - 12:15	Insomnia in infants and children (Mindell)
12:15 - 12:45	Sleep in adolescence (Kohyama)
12:45 - 14:00	Lunch
14:00 - 14:30	From parasomnia to epilepsy (Nunes)
14:30 - 15:00	The clinical significance of motor activity during sleep (RLS/PLM) (T.B.A.)
15:00 - 15:30	Sleepiness and narcolepsy (Plazzi)
15:30 - 16:00	A Rational Approach to Pharmacologic Treatment of Sleep Disorders in Children (Owens)
16:00 - 16:15	Concluding remarks

CONGRESS



3RD DECEMBER:

7:00 - 16:00	Registration
16:30 - 17:00	Welcome
17:00 - 18:00	Key-note lecture
18:00 - 19:00	Oral presentations/Poster
19:30	Welcome Dinner (sponsored)

4TH DECEMBER:

8:15 - 9:45	Symposium: Arousals and mechanisms of SIDS
9:45 - 10:00	Break
10:00 - 11:30	Open Symposium
11:30 - 12:30	Oral Presentations/Poster
12:30 - 13:30	Meet the Professor/Lunch
14:00 - 15:30	Symposium: Abnormal behaviors/movements during sleep and epilepsy
15:30 - 15:45	Break
15:45 - 17:15	Symposium: The sleep deprived and sleepy child
17:15 - 17:30	Break
17:30 - 18:30	Sponsored symposium
19:30 - 21:00	Gala dinner

5TH DECEMBER

8:15 - 9:45	Open Symposium
9:45 - 10:00	Break
10:00 - 11:30	Symposium: Treatment of pediatric insomnia
11:30 - 12:30	Oral presentations/Poster
12:30 - 13:30	Meet the Professor/Lunch
14:00 - 15:30	Open Symposium
15:30 - 15:45	Break
15:45 - 16:45	IPSA General Meeting
16:45 - 17:00	Closing remarks